

Sacramento United Arsenal Under 17 Boys Competitive Team



The Arsenal is a developing team, anchored by a core of talented returning players and solid parent volunteers. New head coach, Levi Henson will build upon the soccer skills and foundation established by the team's past coaches, including CSUS Women's coach, Randy Dedini, Assistant Director Jason Drury and Academy Director David Rubio.

Coaching Staff: Levi Henson

Levi Henson, a Sacramento United Alumni holds a NSCAA National coaching license as well as a NSCAA Goalkeeping credential. Before becoming a coach, he played for the Sacramento Knights as well as for Sacramento State College and Cosumnes River College. Henson brings insight and energy to every game and looks forward to challenging the U17B Arsenal juniors and seniors to play passionately while demonstrating discipline.

Sacramento United Technical Director Shawn Blakeman, who has a USSF "A" license and professional playing experience in Europe and United States, will contribute his coaching expertise to Arsenal during club and technical training sessions.

Club and Team Training: Sacramento United offers a comprehensive training program that blends both team training and club wide training. Development of individual soccer skills are emphasized over team tactics. Arsenal team will train 2-3 times a week from May to August and November to March. The period of mid-august to the end of October is a hiatus for

the high school season. Club membership includes a free 5 day summer camp in July and a 3 day winter camp in December.

League Games: Arsenal will play approximately 8 - 10 games in winter league (Dec. - March) and 8 - 10 games in Spring league (May - August). The farthest distance traveled for these games is expected to be to the Marin and Sonoma areas. The team takes a break in fall for players to devote to their high school teams during which there is no training or games.

Proposed Tournaments:

US Club Regionals (Modesto) June
Davis Showcase (Davis) July
Suntan Classic (Sacramento) Aug
Nomads (San Diego) November
Juventas College Showcase (Redwood City) (March)

Fees: This season, \$1,496 will be paid directly to the club in 8 monthly installments of \$162/month to cover coach compensation, field and light usage, and some league fees and referee expenses. In this amount, is the \$100 membership fee which includes a 2010 Club t-shirt, \$50 fireworks Script and 2 tickets to the Club social in June. The \$100 volunteer fee is also included in this amount. The Club payments are made online through a portal on the website called Blue Sombrero which allows payment by credit card or check. In addition to the Club fees, about \$500 will be paid to the player's team account to cover tournament fees, coach's travel expenses. some league and referee expenses and possibly team expenses. Arsenal will do 1 -2 fundraisers to offset these expenses and all players are expected to participate.

Team Contacts:

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